



*Join Island Girl Yoga Experience for a Retreat in St. Croix, US Virgin Islands*

July 6th - 12th 2024 - **SOLD OUT**

April 21st - 26th 2025

Join us on an incredible adventure in America's Caribbean Paradise: St. Croix! Enjoy luxury living with a private chef blending local ingredients to nourish the body while the island nourishes your soul, and the yoga unites breath with movement. You will experience an underwater snorkeling trail established as a national park by President Kennedy, and a kayaking trip in a bioluminescent bay where Columbus landed in 1493. You will also have the opportunity to perform "Seva," selfless service in the form of animal rescue, by visiting and caring for cats living in Altona Lagoon. Participants may also volunteer to transport a cat or dog to the mainland for adoption with St. Croix's non-profit animal rescue organizations.



### *Included Yoga:*

- two yoga practices daily
- sunrise and morning practices
- restorative evening practices
- guided opportunities to explore your yoga practice on the beach and in other nature and wildlife areas

### *Included Accommodations:*

- 5 nights, 4 full days of luxury at an exclusive island villa
- A/C and ensuite bath/shower in each room
- large living areas and pool area
- Wi-Fi
- luxury pool and deck with stunning Caribbean Sea views

### *Included Nourishment:*

- five healthy buffet style breakfasts
- three prepared lunches
- three chef prepared dinners
- access to local produce
- access to local fruits and specialties



### *Included Excursions:*

- private charter to Buck Island National Monument
- three beach excursions
- kayak tour of Salt River, site of Columbus's landing on St. Croix
- hike to Isaac Bay and Point Udall



### *Included Extras:*

- airport transfer on days of arrival and departure
- gratuities and taxes
- assistance booking flights
- assistance booking add ons (scuba diving, massage, spa treatments, etc.)



### *Not Included:*

- airfare
- alcoholic beverages
- two beach restaurant lunches
- optional add-on activities
- water shoes and snorkeling gear
- snorkeling equipment provided for boat charter to Buck Island only



**Suite 1:**

- shared king bed
- spacious ensuite bathroom w/ shower
- private balcony/seating area
- French doors and view of sea

**Price per person:**

Double occupancy -

\$2,750 per person

\*\*Single occupancy - \$5,500



**Suite 2:**

- shared queen bed
- ensuite bathroom w/ shower
- French doors and view of sea
- private balcony/seating area

**Price per person:**

Double occupancy -

\$2,600

\*\*Single occupancy - \$5,000

**SOLD OUT FOR JULY 2024**



**Suite 3:**

- 2 twin beds
- ensuite bathroom w/ shower
- French doors and view of sea
- private patio/seating area

**Price per person:**

Double Occupancy

Twin-

\$2,500 per person

**\*\*To register and secure a space, please visit: [www.islandgirlyogaexperience.com](http://www.islandgirlyogaexperience.com) and click the “Book Now” button under the “Island Girl Retreat Experience” offering.**