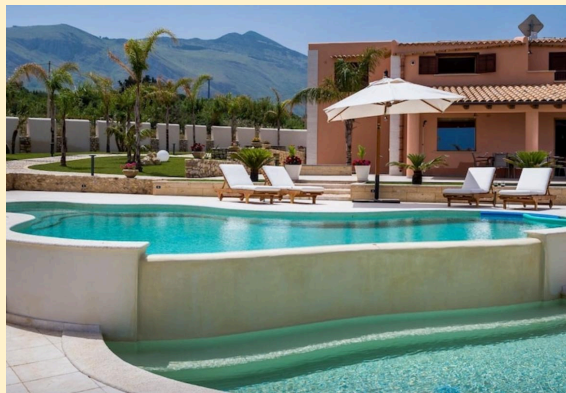




Join Island Girl Yoga Experience for a Retreat in Sicily: Kingdom of the SUN

SESSION II: July 30th - August 5th 2025

Join us on an incredible adventure in the Kingdom of the SUN: Sicily! Enjoy luxury living with a private villa appointed with a pool and en suite bathroom, freshly prepared Sicilian cuisine to nourish the body while the island nourishes your soul, and the yoga unites breath with movement. You will experience several ancient archeological sites, breathtaking beaches and seascapes, and a semi-arid landscape filled with beauty. You will also have the opportunity to practice yoga twice daily, and participate in tailored and personalized workshops during your stay.



Included Yoga:

- two yoga practices daily
- sunrise and morning practices
- restorative evening practices
- guided opportunities to explore your yoga practice by the pool

and in other nature areas

Included Accommodations:

- 6 nights, 5 full days of luxury at an exclusive island villa
- A/C and private bath/shower in each room*
- large living areas and pool area
- Wi-Fi

**twin accommodation shares a bathroom

- luxury pool and deck with stunning Mediterranean Sea views

Included Nourishment:

- 6 healthy buffet style breakfasts
- 4 prepared lunches
- 4 authentically Sicilian dinners
- access to local produce
- access to local fruits and specialties

- shopping in various cities & towns



Included Excursions:

- Private excursions to fishing towns & nature areas
- three beach excursions
- excursion to Segesta temple & theater
- Cefalu' walking tour & beach excursion
- Palermo walking & sanctuary tour

Included Extras:

- airport transfer on days of arrival/departure
**must fly into Palermo (PMO airport)
- gratuities and taxes
- assistance booking flights
- personalized workshops & swag bag

Not Included:

- airfare
- alcoholic beverages
- two restaurant lunches
- two restaurant dinners



Suite 1:

- shared queen bed
- private bathroom w/ shower & bidet*
- spacious patio, pool and seating area
- stunning sea and mountain views

Price per person:

Double occupancy -

\$3,500 per person

**Single occupancy - \$6,500

Suite 2:

- shared queen bed
- shared bathroom w/ shower & bidet*
- spacious patio, pool & seating area
- stunning sea and mountain views

Price per person:

Double Occupancy

Twin-

\$3,250 per person

*****To register and secure a space, please visit: www.islandgirlyogaexperience.com and click the “Book Now” button under the “Island Girl Retreat Experience” offering. Fill out the Google Form indicating which retreat you are registering for, along with your accommodation (single or double occupancy.) Once submitted, click on the pink Pay Now button to secure your spot with a \$500 deposit.***